

PARENT SUPPORT GROUP

JOIN JULIANNE TO TALK AOUT HOW TO BEST SUPPORT YOUR CHILD AND YOURSELF THROUGH EATING DISORDER RECOVERY. WE'LL TALK ABOUT NUTRITION, BEING A ROLE MODEL FOR YOUR CHILD, BODY NEUTRALITY, AND HEALTH AT EVERY SIZE.

Biweekly on Thursdays @5:30pm EST Beginning January 6th ALL CLASSES ARE VIRTUAL

CLASSES ARE \$40 PER SESSION OR 5 FOR \$175 SIGN UP <u>HERE</u>